Van Nuys DCFS Office

Resource Guide

**June 2017**



 Van Nuys DCFS Office 7555 Van Nuys Blvd. Van Nuys CA 91405

**Contents**

**Substance Abuse ……………………………………………………………………………….. 3**

**Domestic Violence ………………………………………………………………………………. 6**

**Psychiatric Services….…….……………………………………………………………………… 9**

**Anger Management ……………………………………………………………………………… 10**

**Counseling ………………………………………………………………………………………... 12**

**CSEC (Commercial Sexual Exploitation of Children)………………………………………. 18**

**Parenting …………………………………………………………………………………………... 19**

**Children 0 – 5 ……………………………………………………………………………………… 23**

**Youth, Tweens, & Teens ………………………………………………………………………... 25**

**Food Pantries & Clothing ……………………………………………………………………….. 28**

**Homeless Shelters & Services ......……………………………………………………………. 30**

**Legal Services…………………….……………………………………………………………….. 31**

**Other Resources…………………………………………………………………………………… 32**

**Substance Abuse**

|  |  |  |  |
| --- | --- | --- | --- |
| **Agency** | **Contact information** | **Services** | **Fees/Information** |
| **Alcohol/Drug Helpline** | 1 (800) 821-4357 | 24 hour referral service to local treatment centers & AA groups  | Fees: FreeLanguage: English |
| **Valley Community Treatment Center** | 22110 Roscoe Blvd #204Canoga Park 91304(818) 713-8686 | Outpatient drug & alcohol treatment, addiction education & relapse prevention | Fees: Medi-Cal, Victims of Crime, Sliding ScaleLanguage: English |
| **Tarzana Treatment Center** | 18646 Oxnard St.Tarzana 91356(818) 996-1051 | Drug & alcohol programs, medical detoxification, inpatient stabilization, residential rehabilitation, day treatment / partial hospitalization, outpatient services, youth services & medication assisted treatment | Fees: Medi-Cal, Private InsuranceLanguage: English, Spanish |
| **National Council of Alcoholism & Drug Dependency of the San Fernando Valley** | 6166 Vesper Ave. Van Nuys, CA 91411(818) 997-0414Or24460 Lyons AvenueSanta Clarita 91321(661) 253-9400 | Individual & family drug prevention, education, treatment services, meth program for women, perinatal program & drug testing  | Fees: Medi-cal or $25.00 per week, including testingLanguage: English, Spanish |
| **Cri Help** | 11027 Burbank Blvd.North Hollywood (800) 413-7660 | Residential treatment program for adults only | Fees: Private Insurance onlyLanuguage: English, Spanish |
| **IADARP** | 6911 Hayvenhurst Avenue #101Van Nuys 91406(818) 994-7454 | 6 month outpatient program | Fees: No Medi-Cal, sliding scale onlyLanguage: English, Spanish |
| **High Road** | 14430 Sherman WayVan Nuys 91405(818) 785-9119 | DUI programs, outpatient drug/alcohol for adults only | Fees: No Medi-Cal, cash onlyLanguage: English |
| **California Diversion Programs, Inc** | 21054 Sherman Way #205Canoga Park 91303(818) 716-0188 | Outpatient drug / alcohol program for adults only  | Fees: No Medi-Cal, Sliding Scale onlyLanguage: English & Spanish |
| **Alcoholics Anonynmous Hotline** | (818) 988-3001 | Referrals to AA meetings | Fees : FreeLanguage : English |
| **AL-ANON & Alateen Hotline** | (818) 760-7122 (SFV)(888) 425-2666 | Referrals to AL-ANON meetingsKids Groups 5 – 18 y/o | Fees: FreeLanguage: English |
| **Valley Women’s Center** | Multiple Locations in SFV(818) 713-8700 | Outpatient drug & alcohol treatment, relapse prevention & addiction education – adults only | Fees: Medi-Cal, Victims of Crime, Sliding ScaleLanguage: English |
| **El Proyecto del Barrio** | 9140 Van Nuys Blvd. # 211Panorama City 91402(818) 895-2206 | Drug / alcohol treatment program18 yrs or olderWomen must be pregnant or postpartum | Fees: Medi-Cal or sliding scaleLanguage: English & Spanish |
| **Pacific Lodge Youth Services** | 4900 Serrania AveWoodland Hills 91364(818) 657-3115 | Substance Abuse Treatment Services for 7 – 25 y/o | Fees: Medi-CalLanguage: EnglishSpanish |
| **Hathaway-Sycamores Child & Family Services** | 12450 Van Nuys Blvd # 100Pacoima 91331(818) 896-8366 | Out Patient drug treatment for youth 10 – 18 y/o | Fees: Medi-CalLanguage: English & Spanish |
| **NAR-ANON** | (800) 775-8750 | Referrals to Nar-Anon meetings | Fees: FreeLanguage: English |
| **DCFS CASC** | (818) 285-1900 | Assists with referrals to substance abuse programs | Fees: Free to DCFS clientsLanguage: English & Spanish |
| **Phoenix House** | 11600 Eldridge Ave.Lake View Terrace 91342(818) 686-3000 | In–patient substance abuse services for 13 - 17 y/oOut-patient substance abuse services for 6 - 17 y/o | Fees:Medi-CalLanguage: English & Spanish |

**Domestic Violence**

|  |  |  |  |
| --- | --- | --- | --- |
| **Agency** | **Contact information** | **Services** | **Fees/Information** |
| **Battered women’s hotline**  | (562) 437-4663 | Support services for battered women | Fees: FreeLanguage: English, Spanish  |
| **Northridge Hospital Center for Assault Treatment Services (CATS)** | 14651 OxnardVan Nuys 91411(818) 908-8630 | Medical exams for evidence of sexual abuse, outpatient DV treatment & forensic interviewing  | Fees: FreeLanguage: English, Spanish, Armenian, Farsi |
| **Los Angeles County Domestic Violence Hotline**  | (800) 978-3600 | Support services for domestic violence victims | Fees: FreeLanguage: English, Spanish |
| **Angel Step Inn Hotline** | (818) 887-6589or(818) 505-0900 | Referrals to DV shelters in SFV | Fees: FreeLanguage: English, Spanish |
| **David H. Fox Counseling Center** | 19900 Plummer St. Chatsworth 91311(818) 386-5615 | Domestic violence counseling  | Fees: Sliding Scale $5-$70Language: English, Spanish, Farsi |
| **Haven House Hotline** | (323) 681-2626 | Referrals to domestic violence shelters in SFV | Fees: Free |
| **YWCA Domestic Violence**  | (818) 242-1106 | Referrals for DV & homeless shelters | Fees : Free |
| **Jewish Family Service / Family Violence Project** | (818) 505-090024-hour crisis line | Emergency DV shelter, case mgmt, individual & group therapy, & victim / legal advocacy**Not approved for MH services for kids 0 – 5**  | Fees : FreeLanguage : English, Spanish, Armenian |
| **The Road Ahead Family Services** | 10200 Sepulveda # 100Mission Hills 91345 (818) 745-2515 | Victims of domestic violence program | Fees : VOC or sliding scale Language : English & Spanish |
| **Haven Hills** | P.O. Box 260Canoga Park 91305(818) 887-6589 | Domestic violence program, 30 day emergency shelter, 18 month transitional services & DV support groups for men, women & LGBTQ | Fees : FreeLanguage : English |
| **Friends of the Family** | 16861 Parthenia St.North Hills 91343(818) 988-4430 | Family violence prevention & treatment programs, Safe Custody Exchange program | Fees : Sliding scale, some programs freeLanguage : English, Spanish, Armenian, Farsi |
| **Valley Women’s Center** | Multiple Locations in SFV(818) 713-8700 | Domestic violence prevention & treatment, education, crisis management & resources | Fees: Medi-Cal, Victims of Crime, Sliding Scale, CalWORKSLanguage: English |
| **Valley Family Center** | 302 South Brand Blvd.San Fernando 91340(818) 365-8588 | Domestic violence program for victims & **perpetrators** | Fees: VOC or $10.00 No Medi-CalLanguage: English, Spanish |
| **The Children’s Safety Alliance** | 7915 Van Nuys BlvdVan Nuys 9140413421 Hubbard St.Sylmar 91341 (818) 455-2152 | Child safety exchanges, supervised visitations, DV classes | Fee: Sliding Scale only& no intake feeLanguage: English, Spanish |
| **The Village Family Services** | 6736 Laurel Canyon Blvd. # 200North Hollywood 91606(818) 755-8786 | Domestic violence program | Fees: Medi-Cal, Sliding ScaleLanguage: EnglishSpanish |
| **The Valley Prevention & Treatment Center** | 1056 N. Maclay Ave #ASan Fernando(818) 365-7774(818) 986-1161 | DV program | Fees: VOC, Sliding Scale, Private Ins.Language: English |
| **Van Nuys Police Station** | (818) 374-9500 | DV clinic – helps filing restraining orders, advocacy & referrals. Held every Tuesday 5:00 pm – 9:00 pm | Fees: Free |
| **Strength United** | 14651 Oxnard St.Van Nuys 91411(818) 787-9700Or8700 Reseda Blvd.Northridge 91324(818) 772-9981Or28231 Avenue Crocker#30Valencia 91355(661) 702-0000 | 24/7 Support & referral lineDV program – includes advocacy, crisis intervention, intensive case mgmt, resource linkages \* accompaniments to forensic medical evidentiary examsSpecializing in DV, human trafficking & sexual assaultFamily Justice Center ProjectIncludes: LAPD, forensic nurse examiners, pro-bono legal advocacy clinic, & counselors | Fees: VOC, sliding scale, no Medi-CalLanguages: English, Spanish, Farsi & Armenian |
| **Valley Center for the Prevention of Family Violence** | 6850 Van Nuys Blvd #202Van Nuys 91401(818) 786-207921044 Sherman Way #234Canoga Park 91303(818) 883-2132 | DV Support Grp & DV Batterers Grp | Fees: Medi-Cal, VOC, LA Care & Care First, sliding scale $15 - $25Language: English & Spanish |
| **California Diversion Programs, Inc** | 21054 Sherman Way #205Canoga Park 91303(818) 716-0188 | Men’s Batterer’s Program   | Fees: No Medi-Cal, Sliding Scale onlyLanguage: English & Spanish |

**Psychiatric Services**

|  |  |  |  |
| --- | --- | --- | --- |
| **Agency** | **Contact information** | **Services** | **Fees/Information** |
| **Department of Mental Health Access Center** | (800) 854-7771 | Referrals for psychiatric & mental health services | Fees: FreeLanguage: English |
| **Counseling4Kids** | 601 South Glenoaks Blvd. # 200Burbank 91502(818) 441-7800 | Psychiatric services | Fees: Medi-CalLanguage: English |
| **Hathaway-Sycamores Child & Family Services** | 12450 Van Nuys Blvd # 100 Pacoima 91331(818) 896-8366 | Outpatient psychiatric & mental health services for youth 0 – 18 y/o | Fees: Medi-CalLanguage: English & Spanish |
| **National Alliance for Mental Illness (NAMI)** | 14545 Sherman CircleVan Nuys 91405(818) 994-6747 | Support services for family members helping people with mental health issues | Fees: FreeLanguage: English, Spanish |
| **San Fernando Valley Community Mental Health Center** | 16360 Roscoe Blvd.2nd FloorVan Nuys 91406(818) 901-4830 | Psychiatric services for children & adults, outpatient community services, in-home services | Fees: Medi-CalLanguage: English, Spanish, Armenian |
| **Dr. Alfredo Crespo****Dr. Nancy Kaser-Boyd** | 12725 Ventura Blvd. #KStudio City 91604(818) 506-1348 | Psychological evaluations | Fees: Must CallLanguage: English |
| **Star View Community Services** | 7601 Canby Ave. # 3Reseda 91335(818) 921-3466 | Provides psychiatric services 6 – 25 y/o | Fees: Medi-CalLanguage: English & Spanish |

**Anger Management**

|  |  |  |  |
| --- | --- | --- | --- |
| **Agency** | **Contact information** | **Services** | **Fees/Information** |
| **California Diversion Programs, Inc** | 21054 Sherman Way #205Canoga Park 91303(818) 716-0188 | Anger management  | Fees: No Medi-Cal, Sliding ScaleLanguage: English |
| **David H. Fox Counseling Center** | 19900 Plummer St. Chatsworth 91311(818) 386-5615 | Anger management  | Fees: Sliding Scale, no Medi-CalLanguage: English, Spanish, Persian, Armenian |
| **The Road Ahead Family Services** | 10200 Sepulveda # 100Mission Hills 91345(818) 745-2515 | Anger management program – 16 weeks | Fees : VOC or sliding scaleLanguage : English & Spanish |
| **Friends of the Family** | 16861 Parthenia St.North Hills 91343(818) 988-4430 | Anger management program | Fees : Sliding scale, some programs freeLanguage : English, Spanish, Armenian, Farsi |
| **Valley Women’s Center** | Multiple Locations in SFV(818) 713-8700 | Anger management program | Fees: Medi-Cal, Victims of Crime, Sliding ScaleLanguage: English |
| **Valley Family Center** | 302 South Brand Blvd.San Fernando 91340(818) 365-8588 | Anger management program | Fees: $ 30.00Language: English, Spanish |
| **The Valley Prevention & Treatment Center** | 1056 N. Maclay Ave #ASan Fernando(818) 365-7774(818) 986-1161 | Anger management program | Fees: VOC, Sliding Scale, Private Ins.Language: English |
| **The Village Family Services** | 6736 Laurel Canyon Blvd. # 200North Hollywood 91606(818) 755-8786 | Anger management program | Fees: Medi-Cal, Sliding ScaleLanguage: English Spanish |
| **Valley Center for the Prevention of Family Violence** | 6850 Van Nuys Blvd #202Van Nuys 91401(818) 786-2079 | Anger management groups | Fees: Medi-Cal, VOC, LA Care & Care First, sliding scale $15 - $25Language: English & Spanish |
| **The Children’s Safety Alliance** | 7915 Van Nuys BlvdVan Nuys 9140413421 Hubbard St.Sylmar 91341 (818) 455-2152 | Anger management program | Fee: VOC & Sliding Scale Language: English, Spanish |

**Counseling**

|  |  |  |  |
| --- | --- | --- | --- |
| **David H. Fox Counseling Center** | 19900 Plummer St. Chatsworth 91311(818) 386-5615 | Outpatient services - individual, couples & family therapy  | Fees: Sliding Scale, no Medi-CalLanguage: English, Spanish, Persian, Armenian |
| **Child & Family Guidance Center** | Multiple locations in SFV(818) 993-9311 | Specialized prevention & early intervention services to children, TAY youth, & adults & Gang Prevention program (GRYD) | Fees: Medi-Cal, some services freeLanguage: English |
| **The Help Group**  | 15339 Saticoy St.Van Nuys 91406(818) 267-2753 | MH services for 0 – 25 y/o | Fees: Medi-CalLanguage: English, Spanish |
| **Our House** | 21860 Burbank Blvd. # 195Woodland Hills 91367(310) 473-1511 | Grief support groups for children & adults – children 4+ y/oSummer Grief Camp | Fees: No Medi-cal, Sliding Scale only - $1.00 and upLanguage: English, Spanish |
| **Suicide Hotline** | (877) 727-4747 | 24 hour hotline | Fees: Free |
| **Counseling4Kids** | 601 South Glenoaks Blvd. # 200Burbank 91502(818) 441-7800 | Individual & family therapy, CBT, PCIT, trauma focused, Triple P, MAP & Seeking Safety, In-Home services | Fees: Medi-CalLanguage: English Spanish |
| **The Road Ahead Family Services** | 10200 Sepulveda Blvd # 100Mission Hills(818) 745-2515 | Individual & family therapy for children & adults, sexual abuse awareness, case management & TAY depression group | Fees : VOC or Sliding ScaleLanguage : English |
| **Hathaway-Sycamores Child & Family Services** | 12450 Van Nuys Blvd. # 100Pacoima 9133112510 Van Nuys Blvd. # 201Pacoima 91331(818) 896-8366  | Outpatient: Individual, group & family therapy for youth 0 – 18 y/o.In-Home: Therapeutic Behavioral Support | Fees: Medi-CalLanguage: English & Spanish |
| **Friends of the Family** | 16861 Parthenia St.North Hills 91343(818) 988-4430 | Individual, couples, & family counseling for children & adults, intensive case management & sex offender programs for adult males, females, TAY youth, and adolescents | Fees : Sliding scale, some programs freeLanguage : English, Spanish, Armenian, Farsi |
| **Institute for Muliticultural Counselng & Education Services (IMCES)** | 3580 Wilshire Blvd. # 2000Los Angeles  (213) 381-1250 | Individual & family therapy for children & adults, Wraparound services, family preservation, and FSP | Fees : Medi-CalLanguage : English |
| **Valley Women’s Center** | Multiple Locations in SFV(818) 713-8700 | Individual, family & child therapy services, support groups, life skills training, case management, resources & referrals | Fees: Medi-Cal, Victims of Crime, Sliding ScaleLanguage: English |
| **El Centro De Amistad** | 7038 Owensmouth Ave.Canoga Park 91303(818) 347-8565 | Individual counseling for children & adults, family & group therapy, case management & medication support | Fees: Medi-Cal onlyLanguage: EnglishSpanish & Farsi |
| **Now I See A Person Institute (NISAPI)** | 9633 Baden AvenueChatsworth (818) 407-0922(626) 487-9305 | Horse (equine) assisted therapy for adults, couples, children, families & TAY youth, individual, couples, family, & group therapy | Fees: Medi-Cal, Private Insurance, Sliding ScaleLanguage: English |
| **El Nido Family Centers** | 13460 Van Nuys Blvd.Pacoima 91333(818) 896-7776 | Neurotics Anonymous Meetings  | Fees: FreeLanguage: English |
| **Valley Family Center** | 302 South Brand Blvd.San Fernando 91340(818) 365-8588 | Individual therapy for children & adults, couples counseling & sexual abuse program for victims. **Sexual abuse awareness classes** | Fees: Sliding ScaleLanguage: English, SpanishFees: $25.00 |
| **Aviva Family & Children’s Services** | 5200 Lankershim Blvd. # 170North Hollywood 91601(323) 997-5971 | Parent-child interaction therapy (PCIT) for children 2 – 5 y/o, Wraparound services | Fees: Medi-Cal onlyLanguage: English, Spanish, Fars |
| **The Village Family Services** | 6736 Laurel Canyon Blvd. # 200North Hollywood 91606(818) 755-8786 | Outpatient counseling services, Wraparound services, TBS & parent-child interactive therapy | Fees: Medi-Cal, Sliding ScaleLanguage: English |
| **West Valley Counseling Center** | 19634 Ventura Blvd. #212Tarzana 91356(818) 758-9450 | Individual, couples & family therapy – children, teens & adults | Fees: VOC & Sliding Scale $ 40 - $80Language: EnglishSpanish |
| **The Valley Prevention & Treatment Center** | 1056 N. Maclay Ave #ASan Fernando(818) 365-7774(818) 986-1161 | Counseling services for teens, teen support groups & in-home therapy services | Fees: VOC, Sliding Scale, Private Ins.Language: English |
| **Child & Family Center** | 21545 Centre Pointe ParkwaySanta Clarita (661) 259-9439 | In-home & out-patient counseling services for children & adults | Fees : Medi-CalLanguage : English Spanish |
| **Pacific Lodge Youth Services** | 4900 Serrania AveWoodland Hills 91364(818) 657-3115 | Individual & Group Therapy, In-Home services, Triple P, CBT, ART, 7-23 y/o | Fees: Medi-CalLanguage: EnglishSpanish |
| **San Fernando Valley Community Mental Health Center, Inc. –CAPIT Program** | 14624 Sherman Way #408Van Nuys 91405(818) 778-6406 | Individual, Couples, Family & Conjoint counseling. | Fees: FreeLanguage: English, Spanish, Hebrew |
| **Asian Pacific Counseling & Treatment Centers**  | 15400 Sherman Way #220Van Nuys 91406(818) 267-1100 | Individual, Family, & Couples therapy for children & adults | Fees: Free & Medi-CalLanguage: English, Spanish, Korean, Vietnamese, Cambodian, Tagalog |
| **El Nido Family Centers –CAPIT Program** | 10200 Sepulveda Blvd.Mission Hills 91345(818) 830-3036 | Individual & Family counseling. Office or in-home services | Fees: FreeLanguage: English, Spanish |
| **Strength United** | 14651 Oxnard St.Van Nuys 91411(818) 787-9700Or8700 Reseda Blvd.Northridge 91324(818) 772-9981Or28231 Avenue Crocker#30Valencia 91355(661) 702-0000 | Individual, family or conjoint counseling.In home or agency setting specializing in adoption, child maltreatment, DV, human trafficking & sexual assaultAddresses – DV, child abuse, assault, sexual assault, sexual abuse, homicide, robbery, drunk driving, vehicular manslaughter, human trafficking & LGBTQ issues | Fees: VOC, sliding scale, no Medi-CalLanguages: English, Spanish, Farsi & Armenian |
| **Valley Center for the Prevention of Family Violence** | 6850 Van Nuys Blvd #202Van Nuys 91401(818) 786-2079 | Individual, Conjoint & Family therapy | Fees: Medi-Cal, VOC, LA Care & Care First, sliding scale $40 – $80Language: English & Spanish |
| **SRD-Straightening Reins** | 30255 N. Quail TrailSanta Clarita 91390(661) 263-9371 | Horse (equine) assisted therapy for adults, children & families. Individual & group therapy | Fees: **Free (limited space)**, sliding scaleLanguage: English & Spanish |
| **Jewish Family Service / Family Violence Project** | 13949 Ventura Blvd#320Sherman Oaks 91423(818) 789-1293 | Individual & group therapy **Not approved for MH services for kids 0 – 5**  | Fees : FreeLanguage : English, Spanish |
| **Turning Point** | 16909 Parthenia St.# 104ANorth Hills 91343(818) 988-4430 | Program for sex offenders | Fees : Must callLanguage : English |
| **Matin Ashooriyoun, Ph.D** | 16661 Ventura BlvdSuite 400-FEncino 91436(818) 867-1996 | Individual therapy for children (0-5), youth & adults**Not approved for any other services** | Fees : Medi-Cal & VOCLanguage : English, Farsi & Spanish |
| **The Children’s Safety Alliance** | 7915 Van Nuys BlvdVan Nuys 9140413421 Hubbard St.Sylmar 91341 (818) 455-2152 | Sexual Abuse Awareness Classes, individual counseling | Fee: Sliding Scale & VOCLanguage: English, Spanish |
| **Star View Community Services** | 7601 Canby Ave. # 3Reseda 91335(818) 921-3466 | Provides psychiatric services. 6 – 25 y/o**Not approved for ages 0 - 5** | Fees: Medi-CalLanguage: English & Spanish |
| **New Directions for Youth** | 7315 Lankershim BlvdN. Hollywood(818) 503-6330 | Individual, Group & family therapy**Not approved for ages 0 - 5** | Fees: FreeLanguage: English & Spanish |
| **Phoenix House** | 11600 Eldridge Ave.Lake View Terrace 91342(818) 686-3000 | Out – patient MH services for ages 6 – 17 y/o | Fees:Medi-CalLanguage: English & Spanish |
| **Five Acres Deaf Counseling Services** | 867 N. Fair OaksPasadena 91103(626) 993-3112 (626) 421-7861 – Video Messaging | Provides counseling services for deaf population, ages 0 – adultProvides services in-home & at office  | Fees: Medi-CalLanguage: ASL |

**CSEC**

**(Commercial Sexual Exploitation of Children)**

|  |  |  |  |
| --- | --- | --- | --- |
| **Human Trafficking Hotline** | (888) 373-7888 |  |  |
| **Jamie Cantor, CSA I****DCFS CSEC Lead** | (818) 904-8372 | Provide case assistance, CSEC Assessment Tool, & coaching for interventions |  |
| **Angelica Varela- Campos, SCSW****DCFS CSEC Lead** | (818) 904-8734 | Provide case assistance, CSEC Assessment Tool, & coaching for interventions |  |
| **Tammy Moots, ARA****DCFS CSEC Lead** | (818) 904-8756 | Provide case assistance, CSEC Assessment Tool, & coaching for interventions |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

**Parenting**

|  |  |  |  |
| --- | --- | --- | --- |
| **Agency** | **Contact information** | **Services** | **Fees/Information** |
| **California Diversion Programs, Inc** | 21054 Sherman Way #205Canoga Park 91303(818) 716-0188 | Parenting program | Fees: No Medi-Cal, Sliding ScaleLanguage: Spanish only |
| **The Help Group**  | 15339 Saticoy St.Van Nuys 91406(818) 267-2753 | Parenting Groups – 10 classes on Monday evenings | Fees: $15 - $20 per classLanguage: English, Spanish |
| **David H. Fox Counseling Center** | 19900 Plummer St. Chatsworth 91311(818) 386-5615 | Parenting program  | Fees: Sliding Scale, no Medi-CalLanguage: English, Spanish, Persian, Armenian |
| **The Road Ahead Family Services** | 10200 Sepulveda # 100Mission Hills 91345 (818) 745-2515 | Trauma focused parenting program – 16 sessions | Fees : VOC or sliding scaleLanguage : English & Spanish |
| **Grandparents As Parents (GAP)** | 22048 Sherman Way # 217Canoga Park 91303(818) 264-0880 | Kinship support groups throughout LA County, case management, respite, court navigation services, family social events & educational opportunities. | Fees : FreeLanguage : English, Spanish |
| **Pierce College Foster & Kinship Care Education (FKCE)** | 6201 Winnetka AvenueWoodland Hills 91371(818) 710-2941(818) 710-2937 | Educational & support services for kinship caregivers & foster parents | Fees : Class feesLanguage : English |
| **Friends of the Family – Family Support Services** | 16861 Parthenia St.North Hills 91343(818) 988-4430 | Adolescent & young parent education & support groups, mandated parenting, & Family Visitation ProgramKinship & NREFM Support services | Fees : Sliding scale, some programs freeLanguage : English, Spanish, Armenian, Farsi |
| **Valley Women’s Center** | Multiple Locations in SFV(818) 713-8700 | Parenting classes | Fees: Medi-Cal, Victims of Crime, Sliding ScaleLanguage: English |
| **El Nido Family Centers** | 13460 Van Nuys Blvd.Pacoima 91333(818) 896-7776Teen Parents - (818) 830- 3646 x 258 | Parenting classes & women’s support groupPregnant mom/dad 18 ys or youngerTeen Parents – 19 y/o and younger | Fees: FreeLanguage: English |
| **New Economics for Women (NEW)** | Canoga Park:(818) 887-3872Van Nuys:(818) 786-4098 | Child passenger safety workshop, free safety seats & safety seat inspections – call for eligibility | Fees: FreeLanguage: English |
| **The Village Family Services** | 6736 Laurel Canyon Blvd. # 200North Hollywood 91606(818) 755-8786 | Parenting program | Fees: Medi-Cal, Sliding ScaleLanguage: English |
| **Parents in Partnership (PIP)** | 7555 Van Nuys Blvd.Van Nuys 91405(818) 904-8375 | Parent Support | Fees: **FREE** |
| **Valley Family Center** | 302 South Brand Blvd.San Fernando 91340(818) 365-8588 | Parenting Classes | Fees: $ 15.00Language: English, Spanish |
| **LA Mission College** | 13356 Eldridge AveSylmar (818) 364-7736 | Educational & support services for kinship caregivers & foster parents | Fees : Class feesLanguage : English Spanish |
| **Pacific Lodge Youth Services** | 4900 Serrania AveWoodland Hills 91364(818) 657-3115 | Parenting Classes  | Fees: Medi-CalLanguage: EnglishSpanish |
| **San Fernando Valley Community Mental Health Center –CAPIT Program** | 14624 Sherman Way #408Van Nuys 91405(818) 778-5406 | Parenting Classes & Fatherhood Groups | Fees: FreeLanguage: English, Spanish |
| **Asian Pacific Counseling & Treatment Centers** | 15400 Sherman Way #220Van Nuys 91406(818) 267-1100 | Parenting classes & support group | Fees: Free & Medi-CalLanguage: English, Spanish, Korean, Vietnamese, Cambodian, Tagalog |
| **El Nido Family Centers –CAPIT Program** | 10200 Sepulveda Blvd.Mission Hills 91345(818) 830-3036 | 20 session parenting groups | Fees: FreeLanguage: English, Spanish |
| **Valley Center for the Prevention of Family Violence** | 6850 Van Nuys Blvd #202Van Nuys 91401(818) 786-207921044 Sherman Way #234Canoga Park 91303(818) 883-2132 | Parenting Classes | Fees: Medi-Cal, VOC, LA Care & Care First, sliding scale $15 - $25Language: English & Spanish |
| **The Children’s Safety Alliance** | 7915 Van Nuys BlvdVan Nuys 9140413421 Hubbard St.Sylmar 91341 (818) 455-2152 | Parenting program | Fee: Sliding Scale only& no intake feeLanguage: English, Spanish |
| **New Directions for Youth** | 7315 Lankershim BlvdN. Hollywood(818) 503-6330 | Parenting program | Fees: FreeLanguage: English & Spanish |
| **L.A. Care Family Resource Center** | 10807 San Fernando RoadPacoima 91331(213) 438-5497 | Parenting program | Fees: FreeLanguage: English & Spanish |
| **Somos Familia Valle** | 14646 Sherman WayVan Nuys(818) 428-0102 | **LGBTQ Parent Support Group** | Fees: FreeLanguage: English & Spanish |

**Children 0 – 5**

|  |  |  |  |
| --- | --- | --- | --- |
| **Agency** | **Contact information** | **Services** | **Fees/Information** |
| **Child Care Resource Center (CCRC)**  | 20001 Prairie St. Chatsworth 91311(818) 717-1000 | Child care resources & referrals, child care financial assistance, **Head Start & Early Start** programs & child development education | Fees: FreeLanguage: English & Spanish |
| **UCLA Early Head Start** | 14423 Van NuysArleta(818) 485-0129 | Early intervention program for children 0 – 3 y/o. In-home services (zip code specific) | Fees: FreeLanguage: English, Spanish,  |
| **Head Start** | 20001 PrairieChatsworth(818) 717-4515 | Pre-school services | Fees: FreeLanguage: English, Spanish |
| **Stepping Stones**  | 13130 Burbank Blvd.Sherman Oaks 91401(818) 781-0360 | Pre-school services for 0 - 3 children with severe emotional & behavioral problems | Fees: Medi-CalLanguage: English, Spanish |
| **Volunteers of America Los Angeles**  | Several offices in Pacoima, Sylmar, San Fernando, Newhall & Santa Clarita (818) 897- 4124 | Early Head Start & Head Start services for kids 0 – 4 | Fees: FreeLanguage: English & Spanish |
| **Kits for New Parents** | Jessica Ambroz904-8361Jamie Cantor904-8372 | Kit with developmental activities, DVD, & educational materials to enhance child’s development | Language: English & Spanish |
| **Women, Infants, & Children (WIC)-** | Northeast Valley(818) 361-7541 | Nutritional program & vouchers for healthy foods / formula.  | Fees: Free to Out-of-Home CaregiversLanguage: English & Spanish |
| **Panorama City Library** | 14345 Roscoe Blvd.Panorama City(818) 720-3716Kathy Schriner | Mommy & Me classes, family events, parenting tips & tools | Fees: FreeLanguage: English & Spanish |
| **Child Development Institute** | 7260 OwensmouthCanoga Park(818) 71200453Joan Maltese, Ph.D. | Family events & child playtime | Fees: FreeLanguage: All |
| **Project Safe** | 13130 Burbank Blvd.Sherman Oaks(818) 947-5514Melissa Miller | Family support services (food, healthcare, child care), & pregnancy education | Fees: FreeLanguage: English & Spanish |
| **DCFS 0 – 5 Champions** | Tammy Moots(818) 904-8756Jessica Amborz(818) 904-8361Harvey Canter, Ph.D(818) 904-8801 | Assist with 0 -5 needs & linkages to resources |  |
| **North Los Angeles County Regional Center** | 9200 Oakdale Ave. # 100Chatsworth 91311(818) 778-1900 | Early start & early intervention services for children 0 – 3 y/o with developmental disabilities, respite care, support groups & daycare | Fees: Free, Sliding ScaleLanguage: English |
| **SFVCMHC Family Links** | 11565 Laurel Canyon # 116Mission Hills 91345(818) 574-7745 | **Infant Massage** for babies less than 1 year old**Must meet medical necessity for services** | Fees: Medi-Cal |
| **Center for Integrated Care-Infant Massage** | 15336 Devonshire St. # 6Mission Hills 91345(323) 538-0975 | **Infant Massage** for babies less than 1 year oldDoes not need to have medical necessity for services | Fees: Contact agency**Staff in Van Nuys office contact Jamie Cantor / MAT Coordinator** |

**Youth, Tweens, & Teens**

|  |  |  |  |
| --- | --- | --- | --- |
| **Agency** | **Contact information** | **Services** | **Fees/Information** |
| **Boys & Girls Club of San Fernando Valley**  | 11251 Glenoaks Blvd.Pacoima 91331(818) 896-5261 | After school programs, education, mentoring, tutoring, sports fitness, recreation, health & life skills programs, arts & leadership programs. | Fees: $ 25.00 annual membershipLanguage: English, Spanish  |
| **The Road Ahead Family Services** | 16944 Ventura Blvd. # 24Encino (818) 745-2515 | TAY social skills group | Fees : Sliding Scale, Group Pricing, Victims of CrimeLanguage : English |
| **Hathaway-Sycamores Child & Family Services** | 10 sites(626) 243-9043  | Transitional Independent Living Program for youth 18 – 20 y/o with mental health diagnosis | Fees: Medi-CalLanguage: English |
| **Friends of the Family** | 16861 Parthenia St.North Hills 91343 (818) 988-4430 | Programs for youth, afterschool mentoring, job & career pathway program & community action groups | Fees : Sliding scale, some programs freeLanguage : English, Spanish, Armenian, Farsi |
| **El Nido Family Centers** | 13460 Van Nuys Blvd.Pacoima 91333(818) 896-7776 | Independent studies for youth under 18 y/o, ESL classes, computer classes, tutoring, music, dance, painting & cooking classes | Fees: FreeLanguage: English |
| **The Village Family Services** | 6736 Laurel Canyon Blvd. # 200North Hollywood 91606(818) 755-8786 | LGBTQ support group & teen drop in center for at-risk & homeless youth | Fees: Free Language: English & Spanish |
| **Valley Family Center** | 302 South Brand Blvd.San Fernando 91340(818) 365-8588 | Tutoring Center | Fees: Sliding Scale onlyLanguage: English, Spanish |
| **Pride United (AKA:Strength United)** | 14651 Oxnard St.Van Nuys 91411(818) 787-9700Or8700 Reseda Blvd.Northridge 91324(818) 772-9981Or28231 Avenue Crocker#30Valencia 91355(661) 702-0000 | LGBTQ services | Fees: VOC, sliding scale, no Medi-CalLanguages: English, Spanish, Farsi & Armenian |
| **Youth Speak Collective** | 11243 Glenoaks Blvd. # 11Pacoima 91331(323) 826-0283 | Foster Circle – empowerment & support group for foster youth. Community projects, field trips, college assistance & more | Fees: FreeLanguage: English, Spanish |
| **DCFS SFV Teen Club** | Valley Metro Church18050 Vanowen St.Reseda 913352nd Tuesday each monthStephanie DuCaine:(818) 904-8355 | Speakers, games, dinner and more. Transportation can be arranged. | Fees: FreeLanguage: English |
| **Teen Group @** **Valley Family Center** | 302 S. BrandSan Fernando(818) 365-8588 | Drawing, collage, music & painting. Ages 14-17Every Tuesday 6:00 pm – 7:30 pm | Fees: $10.00 or VOC |
| **Camp Erin** | (818) 222-3344 | Bereavement camp for kids 6 – 17 who experienced a death within last 3 yrs.Fun camp combined with grief education / therapeutic | Fees: FreeLanguage: English |
| **L.A. Care Family Resource Center** | 10807 San Fernando RoadPacoima 91331(213) 438-5497 | Fitness classes, Tai Chi, Yoga, Zumba & more | Fees: FreeLanguage: English & Spanish |

**Food Pantry and Clothing**

|  |  |  |  |
| --- | --- | --- | --- |
| **Agency** | **Contact Information** | **Services** | **Fees/Information** |
| **Foster Children’s Resource Center** | (818) 701-0506 | New clothing & school supplies for children 0 – 18 y/o | Fees: Free**Must have DCFS referral.****NO WALK-INS** |
| **West Valley Food Pantry** | Prince of Peace Episcopal Church5700 Rudnick St. Woodland Hills (818) 346-5554 | Call for food distribution days / times | Fees: Free |
| **MEND Food Bank** | 10641 N. San Fernando Rd. Pacoima(818) 686-7334 | Call for food distribution days / timesFor specified zip codes only Closed Sundays &  Mondays | Fees: Free  |
| **Valley Food Bank** | 12701 Van Nuys Blvd.Pacoima 91331(818) 510-4140 | Call for food distribution days / times Monday - Friday7:00 am - 3:30 pmClosed Weekends | Fees: Free |
| **The New Friends Homeless Center** | St. Nicholas Episcopal Church17114 Ventura BlvdEncino Tuesdays – 6:30 pm to 8:00 pmMethodist Church5650 Shoup Woodland Hills Fridays – 6:30 pm to 8:00 pm(818) 887-1109 | Free hot meal – 3 course dinner | Fees: Free |
| **Fish of West Valley** | 20440 Lassen St. Chatsworth 91303(818) 882-3474 | Call for food distribution days / times | Fees: Free |
| **Our Redeemer Food Pantry** | 8520 Winnetka Ave. Canoga Park 91306(818) 341-1629 | Call for food distribution days / times | Fees: Free |
| **North Hollywood Interfaith Food Pantry** | 4387 Troost St. North Hollywood 91306(818) 760-3575 | Call for food distribution days / times | Fees: Free |
| **Loaves and Fishes** | 14640 Keswick St. Van Nuys 91405(818) 997-0943 | Call for food distribution days / times | Fees: Free |

**Homeless Shelters & Services**

|  |  |  |
| --- | --- | --- |
| **San Fernando Valley Rescue Mission** | 13422 Saticoy St. North Hollywood 91605(818) 785-4476 | 90 day emergency shelter for families only (must have children), 30 beds & adults must be 18+ y/o.Call for phone in-take |
| **Winter Shelter****Hotline** | (800) 548-6047 | Referrals for winter shelters |

**Legal Services**

|  |  |  |
| --- | --- | --- |
| **Agency** | **Contact information** | **Services** |
| **Neighborhood Legal Services** | (800) 433-6251 | Free legal services to low-income familiesCall for service information |

**Other Resources**

|  |  |  |
| --- | --- | --- |
| **Agency** | **Contact information** | **Services** |
| **Homeboy Industries** | 130 BrunoLos Angeles(323) 526-1254 | Free tattoo removal |
| **Providence Community Health Center for Health Improvement** | 6801 Coldwater CanyonNorth Hollywood(818) 847-3860 | Free tattoo removal |
| **Family Focus Resource Center** | CSUN,Chatsworth, Santa Clarita, & Lancaster locations(818) 677-6854 | Free assistance for caregivers of children with developmental delays or special needs.English & Spanish |

**JC:jc**

**5/15/2017**