



# East & West San Fernando Valley Resource Guide

**September 2015**



Los Angeles County DCFS – East & West San Fernando Valley  
20151 Nordhoff Street Chatsworth CA 91311  
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# Substance Abuse

Agency	Contact information	Services	Fees/Information
<b>Phoenix House</b>	11600 Eldridge Ave. Lake View Terrace 91342  (818) 686-3192	Out-patient drug services, including drug testing – up to 21 y/o	<u>Fees:</u> Medi-Cal  <u>Language:</u> English, Spanish
<b>Alcohol/Drug Helpline</b>	1 (800) 821-4357	24 hour referral service to local treatment centers & AA groups	<u>Fees:</u> Free  <u>Language:</u> English
<b>Valley Community Treatment Center</b>	22110 Roscoe Blvd #204 Canoga Park 91304  (818) 713-8686	Outpatient drug & alcohol treatment, addiction education & relapse prevention	<u>Fees:</u> Medi-Cal, Victims of Crime, Sliding Scale  <u>Language:</u> English
<b>Tarzana Treatment Center</b>	18646 Oxnard St. Tarzana 91356  (818) 996-1051	Drug & alcohol programs, medical detoxification, inpatient stabilization, residential rehabilitation, day treatment / partial hospitalization, outpatient services, youth services & medication assisted treatment	<u>FEES:</u> Medi-Cal, Private Insurance  <u>LANGUAGE:</u> English, Spanish
<b>Community Alcohol &amp; Drug Treatment Foundation</b>	15015 Oxnard St. Van Nuys 91411  (818) 787-4151	Outpatient drug treatment for adults / youth 13 – 21 y/o	<u>Fees:</u> Medi-Cal  <u>Language:</u> English, Spanish
<b>National Council of Alcoholism &amp; Drug Dependency of the San Fernando Valley</b>	6166 Vesper Ave. Van Nuys, CA 91411  (818) 997-0414  Or  24460 Lyons Avenue Santa Clarita 91321  (661) 253-9400	Individual & family drug prevention, education, treatment services, meth program for women, perinatal program & drug testing	<u>Fees:</u> Medi-cal or \$25.00 per week, including testing  <u>Language:</u> English, Spanish

<b>Cri Help</b>	11027 Burbank Blvd. North Hollywood  (800) 413-7660	Residential treatment program for adults only	<u>Fees:</u> Private Insurance only  <u>Lanuguage:</u> English, Spanish
<b>IADARP</b>	6911 Hayvenhurst Avenue #101 Van Nuys 91406  (818) 994-7454	6 month outpatient program	<u>Fees:</u> No Medi-Cal, sliding scale only  <u>Language:</u> English, Spanish
<b>Aurora Charter Oak Hospital</b>	1161 East Covina Blvd. Covina 91724  (800) 654-2673	Outpatient substance abuse programs for 13 – 17 y/o	<u>Fees:</u> MediCal, Private Insurance  <u>Language:</u> English, Spanish
<b>HIGH ROAD</b>	14430 Sherman Way Van Nuys 91405  (818) 785-9119	DUI programs, outpatient drug/alcohol for adults only	<u>FEES:</u> No Medi-Cal, cash only  <u>LANGUAGE:</u> English
<b>VICTORY FOUNDATION, INC.</b>	844 North Hollywood Way Burbank 91505  (818) 842-9446	Outpatient drug treatment center for 18 y/o & older	<u>FEES:</u> Sliding scale, no Medi-Cal  <u>LANGUAGE:</u> English
<b>California Diversion Programs, Inc</b>	21054 Sherman Way #205 Canoga Park 91303  (818) 716-0188	Outpatient drug / alcohol program for adults only	<u>Fees:</u> No Medi-Cal, Sliding Scale  <u>Language:</u> English
<b>Alcoholics Anonymous Hotline</b>	(818) 988-3001	Referrals to AA meetings	<u>Fees :</u> Free  <u>Language :</u> English
<b>AL-ANON Hotline</b>	(818) 760-7122	Referrals to AL-ANON meetings	<u>Fees:</u> Free  <u>Language:</u> English
<b>Valley Women's Center</b>	Multiple Locations in SFV  (818) 713-8700	Outpatient drug & alcohol treatment, relapse prevention & addiction education – adults only	<u>Fees:</u> Medi-Cal, Victims of Crime, Sliding Scale  <u>Language:</u> English

<b>El Proyecto del Barrio</b>	9140 Van Nuys Blvd. # 211 Panorama City 91402  (818) 895-2206	Drug / alcohol treatment programs, 12-step programs, relaps prevention, drug education, peer support & daily reflections	<u>Fees:</u> Medi-Cal, Sliding Scale  <u>Language:</u> English
<b>Pacific Lodge Youth Services</b>	4900 Serrania Ave Woodland Hills 91364  (818) 657-3115	Substance Abuse Treatment Services for 7 – 25 y/o	<u>Fees:</u> Medi-Cal  <u>Language:</u> English Spanish
<b>Hathaway-Sycamores Child &amp; Family Services</b>	12450 Van Nuys Blvd # 100 Pacoima 91331  Contact – Jennifer Campoy & Linda Arbiter  (818) 896-8366	Out Patient drug treatment for youth 10 – 18 y/o	<u>Fees:</u> Medi-Cal  <u>Language:</u> English & Spanish

# Domestic Violence

Agency	Contact information	Services	Fees/Information
<b>Battered women hotline</b>	(562) 437-4663	Support services for battered women	<u>Fees:</u> Free  <u>Language:</u> English, Spanish
<b>Northridge Hospital Center for Assault Treatment Services (CATS)</b>	14651 Oxnard Van Nuys 91411  (818) 908-8630	Medical exams for evidence of sexual abuse, outpatient DV treatment & forensic interviewing	<u>Fees:</u> Free  <u>Language:</u> English, Spanish, Armenian, Farsi
<b>Los Angeles County Domestic Violence Hotline</b>	(800) 978-3600	Support services for domestic violence victims	<u>Fees:</u> Free  <u>Language:</u> English, Spanish
<b>Women's Shelter of Long Beach Hotline</b>	(562) 437-4663	Emergency shelter & DV counseling	<u>Fees:</u> Free  <u>Language:</u> English, Spanish
<b>1736 Family Crisis Center</b>	2116 Arlington Ave # 200 Los Angeles 90018 Main Office	DV shelters for adults: (562) 388-7652 (213) 745-6434 (310) 370-5902  DV shelters for Teens: (310) 379-3620	<u>Fees:</u> Free  <u>Language:</u> English, Spanish
<b>Angel Step Inn Hotline</b>	(323) 780-4357	Referrals to DV shelters	<u>Fees:</u> Free  <u>Language:</u> English, Spanish
<b>Rainbow Services Hotline</b>	San Pedro  (310) 547-9343	DV shelter & adult / youth counseling	<u>Fees:</u> Free  <u>Language:</u> English, Spanish

<b>VICTORY FOUNDATION, INC.</b>	844 North Hollywood Way Burbank 91505  (818) 842-9446	Domestic Violence program for perpetrators only – men or women	<u>FEES:</u> Sliding scale, no Medi-Cal  <u>LANGUAGE:</u> English
<b>California Family Counseling Center-Phillips Graduate Institute</b>	19900 Plummer St. Chatsworth 91311  (818) 907-9980	Domestic violence counseling	<u>Fees:</u> Sliding Scale  <u>Language:</u> English, Spanish, Persian, Armenian
<b>Community Alcohol &amp; Drug Treatment Foundation</b>	15015 Oxnard St. Van Nuys 91411  (818) 787-4151	Domestic violence counseling	<u>Fees:</u> Medi-Cal  <u>Language:</u> English, Spanish
<b>Haven House Hotline</b>	(323) 681-2626	Referrals to domestic violence shelters	<u>Fees:</u> Free
<b>Domestic Violence Hotline</b>	(800) 978-3600	Referrals to DV shelters	<u>Fees :</u> Free
<b>YWCA Domestic Violence</b>	(818) 242-1106	Referrals for DV & homeless shelters	<u>Fees :</u> Free
<b>Jewish Family Service / Family Violence Project</b>	(818) 505-0900 24-hour crisis line	Emergency DV shelter, case mgmt, individual & group therapy, victim advocate services, children's program in shelter	<u>Fees :</u> Free  <u>Language :</u> English, Spanish, Farsi, Armenian
<b>The Road Ahead Family Services</b>	804 Pico Blvd. San Fernando  (818) 745-2515	Victims of domestic violence program	<u>Fees :</u> \$ 5.00  <u>Language :</u> English & Spanish
<b>Haven Hills</b>	P.O. Box 260 Canoga Park 91305  (818) 887-6589	Domestic violence program, 30 day emergency shelter, 18 month transitional services & DV support groups for men, women & LGBTQ	<u>Fees :</u> Free  <u>Language :</u> English

<b>Friends of the Family</b>	16861 Parthenia St. North Hills 91343  (818) 988-4430	Family violence prevention & treatment programs, Safe Custody Exchange program	<u>Fees</u> : Sliding scale, some programs free  <u>Language</u> : English, Spanish, Armenian, Farsi
<b>Valley Women's Center</b>	Multiple Locations in SFV  (818) 713-8700	Domestic violence prevention & treatment, education, crisis management & resources	<u>Fees</u> : Medi-Cal, Victims of Crime, Sliding Scale, CalWORKS  <u>Language</u> : English
<b>El Proyecto del Barrio</b>	9140 Van Nuys Blvd. # 211 Panorama City 91402  (818) 895-2206	Domestic violence program, self-esteem, health education & life skills	<u>Fees</u> : Medi-Cal, Sliding Scale  <u>Language</u> : English
<b>Valley Family Center</b>	302 South Brand Blvd. San Fernando 91340  (818) 365-8588	Domestic violence program for victims & <b>perpetrators</b>	<u>Fees</u> : Sliding Scale only, No Medi-Cal  <u>Language</u> : English, Spanish
<b>The Children's Safety Alliance</b>	7915 Van Nuys Blvd Van Nuys 91404  13421 Hubbard St. Sylmar 91341  (818) 455-2152	Child safety exchanges, supervised visitations, DV classes	<u>Fee</u> : Sliding Scale only & no intake fee  <u>Language</u> : English, Spanish
<b>The Village Family Services</b>	6736 Laurel Canyon Blvd. # 200 North Hollywood 91606  (818) 755-8786	Domestic violence program	<u>Fees</u> : Medi-Cal, Sliding Scale  <u>Language</u> : English Spanish
<b>The Valley Prevention &amp; Treatment Center</b>	1056 N. Maclay Ave #A San Fernando  (818) 365-7774 (818) 986-1161	DV program	<u>Fees</u> : VOC, Sliding Scale, Private Ins.  <u>Language</u> : English

<b>Domestic Violence Center of Santa Clarita Valley</b>	(661) 259-4357	DV program including therapy, support groups & shelter referrals	<u>Fees:</u> \$10 annual fee <u>Language:</u> English
<b>Van Nuys Police Station</b>	(818) 374-9500	DV clinic – helps filing restraining orders, advocacy & referrals. Held every Tuesday 5:00 pm – 9:00 pm	<u>Fees:</u> Free
<b>Strength United</b>	14651 Oxnard St. Van Nuys 91411  (818) 787-9700  Or  8700 Reseda Blvd. Northridge 91324  (818) 772-9981  Or  28231 Avenue Crocker #30 Valencia 91355  (661) 702-0000	24/7 Support & referral line  DV program – includes advocacy, crisis intervention, intensive case mgmt, resource linkages * accompaniments to forensic medical evidentiary exams  Specializing in DV, human trafficking & sexual assault  Family Justice Center Project Includes: LAPD, forensic nurse examiners, pro-bono legal advocacy clinic, & counselors	<u>Fees:</u> VOC, sliding scale, no Medi-Cal  <u>Languages:</u> English, Spanish, Farsi & Armenian
<b>Valley Center for the Prevention of Family Violence</b>	6850 Van Nuys Blvd #202 Van Nuys 91401  (818) 786-2079	DV Support Grp & DV Batterers Grp	<u>Fees:</u> \$15 - \$25, VOC, LA Care & Care First  <u>Language:</u> English & Spanish

# Psychiatric Mental Health Services

Agency	Contact information	Services	Fees/Information
<b>The Help Group</b>	13130 Burbank Blvd. Sherman Oaks 91401  (818) 267-2753	Psychiatric treatment for youth 0 – 21 y/o	<u>Fees:</u> Medi-Cal  <u>Language:</u> English, Spanish
<b>Department of Mental Health Access Center</b>	(800) 854-7771	Referrals for mental health services	<u>Fees:</u> Free  <u>Language:</u> English
<b>Counseling4Kids</b>	601 South Glenoaks Blvd. # 200 Burbank 91502  (818) 441-7800	Psychiatric services	<u>Fees:</u> Medi-Cal  <u>Language:</u> English
<b>Hathaway-Sycamores Child &amp; Family Services</b>	12450 Van Nuys Blvd # 100 Pacoima 91331  Contact – Clarissa Ruiz & Carmen Tobar  (818) 896-8366	Outpatient psychiatric & mental health services for youth 0 – 18 y/o	<u>Fees:</u> Medi-Cal  <u>Language:</u> English & Spanish
<b>National Alliance for Mental Illness (NAMI)</b>	14545 Sherman Circle Van Nuys 91405  (818) 994-6747	Support services for family members helping people with mental health issues	<u>Fees:</u> Free  <u>Language:</u> English, Spanish
<b>North Los Angeles County Regional Center</b>	15400 Sherman Way # 170 Van Nuys 91406  (818) 778-1900	Mental health services to persons with developmental disabilities, assists families through service coordination, residential care & referrals	<u>Fees:</u> Free, Sliding Scale  <u>Language:</u> English
<b>San Fernando Valley Community Mental Health Center</b>	16360 Roscoe Blvd. 2nd Floor Van Nuys 91406  (818) 901-4830	Mental health services for children & adults, outpatient community services, in-home services	<u>Fees:</u> Medi-Cal  <u>Language:</u> English, Spanish, Armenian
<b>Pacific Lodge Youth Services</b>	4900 Serrania Ave Woodland Hills 91364  (818) 657-3115	Psychiatric Evaluations & Assessments for 7-25 y/o	<u>Fees:</u> Medi-Cal  <u>Language:</u> English Spanish

# Anger Management

Agency	Contact information	Services	Fees/Information
<b>California Diversion Programs, Inc</b>	21054 Sherman Way #205 Canoga Park 91303  (818) 716-0188	Anger management	<u>Fees:</u> No Medi-Cal, Sliding Scale  <u>Language:</u> English
<b>California Family Counseling Center-Phillips Graduate Institute</b>	19900 Plummer St. Chatsworth 91311  (818) 907-9980	Anger management	<u>Fees:</u> Sliding Scale, no Medi-Cal  <u>Language:</u> English, Spanish, Persian, Armenian
<b>Community Alcohol &amp; Drug Treatment Foundation</b>	15015 Oxnard St. Van Nuys 91411  (818) 787-4151	Anger management	<u>Fees:</u> Medi-Cal  <u>Language:</u> English, Spanish
<b>The Road Ahead Family Services</b>	804 Pico Blvd. San Fernando  (818) 745-2515	Anger management program – 16 weeks	<u>Fees :</u> \$ 5.00  <u>Language :</u> English & Spanish
<b>Friends of the Family</b>	16861 Parthenia St. North Hills 91343  (818) 988-4430	Anger management program	<u>Fees :</u> Sliding scale, some programs free  <u>Language :</u> English, Spanish, Armenian, Farsi
<b>Valley Women’s Center</b>	Multiple Locations in SFV  (818) 713-8700	Anger management program	<u>Fees:</u> Medi-Cal, Victims of Crime, Sliding Scale  <u>Language:</u> English
<b>El Proyecto del Barrio</b>	9140 Van Nuys Blvd. # 211 Panorama City 91402  (818) 895-2206	Anger management program	<u>Fees:</u> Medi-Cal, Sliding Scale  <u>Language:</u> English

<b>Valley Family Center</b>	302 South Brand Blvd. San Fernando 91340  (818) 365-8588	Anger management program	<u>Fees:</u> Sliding Scale only  <u>Language:</u> English, Spanish
<b>The Valley Prevention &amp; Treatment Center</b>	1056 N. Maclay Ave #A San Fernando  (818) 365-7774 (818) 986-1161	Anger management program	<u>Fees:</u> VOC, Sliding Scale, Private Ins.  <u>Language:</u> English
<b>The Village Family Services</b>	6736 Laurel Canyon Blvd. # 200 North Hollywood 91606  (818) 755-8786	Anger management program	<u>Fees:</u> Medi-Cal, Sliding Scale  <u>Language:</u> English Spanish
<b>Valley Center for the Prevention of Family Violence</b>	6850 Van Nuys Blvd #202 Van Nuys 91401  (818) 786-2079	Anger management groups	<u>Fees:</u> \$15 - \$25, VOC, LA Care & Care First  <u>Language:</u> English & Spanish
<b>The Children's Safety Alliance</b>	7915 Van Nuys Blvd Van Nuys 91404  13421 Hubbard St. Sylmar 91341  (818) 455-2152	Anger management program	<u>Fee:</u> Sliding Scale only & no intake fee  <u>Language:</u> English, Spanish

# Counseling

<b>California Family Counseling Center-Phillips Graduate Institute</b>	19900 Plummer St. Chatsworth 91311  (818) 907-9980	Outpatient services - individual, couples & family therapy	<u>Fees:</u> Sliding Scale, no Medi-Cal  <u>Language:</u> English, Spanish, Persian, Armenian
<b>Center for Individual &amp; Family Counseling</b>	5445 Laurel Canyon Blvd. 2nd Floor North Hollywood 91601  (818) 761-2227	Psychotherapy for children (6 + y/o), family & adults	<u>Fees:</u> No Medi-cal, Cash only - \$ 25.00 minimum  <u>Language:</u> English, Spanish, Armenian
<b>Child &amp; Family Guidance Center</b>	Multiple locations in SFV  (818) 993-9311	Specialized prevention & early intervention services to children, TAY youth, & adults & Gang Prevention program (GRYD)	<u>Fees:</u> Medi-Cal, some services free  <u>Language:</u> English
<b>The Help Group</b>	13130 Burbank Blvd. Sherman Oaks 91401  (818) 267-2753	Individual counseling - adults only	<u>Fees:</u> Medi-Cal  <u>Language:</u> English, Spanish
<b>Our House</b>	21860 Burbank Blvd. # 195 Woodland Hills 91367  (818) 222-3344	Grief support groups for children & adults – children 4+ y/o	<u>Fees:</u> No Medi-cal, Sliding Scale only  <u>Language:</u> English
<b>Suicide Hotline</b>	(877) 727-4747	24 hour hotline	<u>Fees:</u> Free

<b>Counseling4Kids</b>	601 South Glenoaks Blvd. # 200 Burbank 91502  (818) 441-7800	Individual & family therapy, CBT, PCIT, trauma focused, Triple P, MAP & Seeking Safety, In-Home services	<u>Fees:</u> Medi-Cal  <u>Language:</u> English Spanish
<b>The Road Ahead Family Services</b>	16944 Ventura Blvd. # 24 Encino  (818) 745-2515	Individual & family therapy for children & adults, sexual abuse awareness, case management & TAY depression group	<u>Fees :</u> Sliding Scale, Group Pricing, Victims of Crime  <u>Language :</u> English
<b>Hathaway-Sycamores Child &amp; Family Services</b>	12450 Van Nuys Blvd. # 100 Pacoima 91331  12510 Van Nuys Blvd. # 201 Pacoima 91331  Contact – Clarissa Ruiz & Carmen Tobar  (818) 896-8366	Outpatient: Individual, group & family therapy for youth 0 – 18 y/o.  In-Home: Therapeutic Behavioral Support	<u>Fees:</u> Medi-Cal  <u>Language:</u> English & Spanish
<b>Friends of the Family</b>	16861 Parthenia St. North Hills 91343  (818) 988-4430	Individual, couples, & family counseling for children & adults, intensive case management & sex offender programs for adult males, females, TAY youth, and adolescents	<u>Fees :</u> Sliding scale, some programs free  <u>Language :</u> English, Spanish, Armenian, Farsi
<b>Institute for Multicultural Counseling &amp; Education Services (IMCES)</b>	3580 Wilshire Blvd. # 2000 Los Angeles  (213) 381-1250	Individual & family therapy for children & adults, Wraparound services, family preservation, and FSP	<u>Fees :</u> Medi-Cal  <u>Language :</u> English
<b>Valley Women’s Center</b>	Multiple Locations in SFV  (818) 713-8700	Individual, family & child therapy services, support groups, life skills training, case management, resources & referrals	<u>Fees:</u> Medi-Cal, Victims of Crime, Sliding Scale  <u>Language:</u> English

<b>El Centro De Amistad</b>	7038 Owensmouth Ave. Canoga Park 91303  (818) 347-8565	Individual counseling for children & adults, family & group therapy, case management & medication support	<u>Fees:</u> Medi-Cal only  <u>Language:</u> English Spanish & Farsi
<b>El Proyecto del Barrio</b>	9140 Van Nuys Blvd. # 211 Panorama City 91402  (818) 895-2206	Individual counseling for children & adults, self-esteem & peer support	<u>Fees:</u> Medi-Cal, Sliding Scale  <u>Language:</u> English
<b>Now I See A Person Institute (NISAPI)</b>	9633 Baden Avenue Chatsworth  (818) 407-0922 (626) 487-9305	Horse (equine) assisted therapy for adults, couples, children, families & TAY youth, individual, couples, family, & group therapy	<u>Fees:</u> Medi-Cal, Private Insurance, Sliding Scale  <u>Language:</u> English
<b>El Nido Family Centers</b>	13460 Van Nuys Blvd. Pacoima 91333  (818) 896-7776	Neurotics Anonymous Meetings	<u>Fees:</u> Free  <u>Language:</u> English
<b>Valley Family Center</b>	302 South Brand Blvd. San Fernando 91340  (818) 365-8588	Individual therapy for children & adults, couples counseling & sexual abuse program for victims. <b>Sexual abuse awareness classes</b>	<u>Fees:</u> Medi-Cal & Sliding Scale  <u>Language:</u> English, Spanish
<b>Aviva Family &amp; Children's Services</b>	5200 Lankershim Blvd. # 170 North Hollywood 91601  (323) 997-5971	Parent-child interaction therapy (PCIT) for children 2 – 5 y/o, Wraparound services	<u>Fees:</u> Medi-Cal only  <u>Language:</u> English
<b>The Village Family Services</b>	6736 Laurel Canyon Blvd. # 200 North Hollywood 91606  (818) 755-8786	Outpatient counseling services, Wraparound services, TBS & parent-child interactive therapy	<u>Fees:</u> Medi-Cal, Sliding Scale  <u>Language:</u> English

<b>West Valley Counseling Center</b>	19634 Ventura Blvd. #212 Tarzana 91356  (818) 758-9450	Individual, couples & family therapy – children, teens & adults	<u>Fees:</u> VOC & Sliding Scale \$ 40 - \$80  <u>Language:</u> English Spanish
<b>The Valley Prevention &amp; Treatment Center</b>	1056 N. Maclay Ave #A San Fernando  (818) 365-7774 (818) 986-1161	Counseling services for teens, teen support groups & in-home therapy services	<u>Fees:</u> VOC, Sliding Scale, Private Ins.  <u>Language:</u> English
<b>Optimist Youth Homes &amp; Family Services</b>	6957 N. Figueroa St. Los Angeles 90041  (323) 443-3175	Individual therapy for children & youth	<u>Fees :</u> Medi-Cal  <u>Language :</u> English Spanish
<b>Child &amp; Family Center</b>	21545 Centre Pointe Parkway Santa Clarita  (661) 259-9439	In-home & out-patient counseling services for children & adults	<u>Fees :</u> Medi-Cal  <u>Language :</u> English Spanish
<b>Pacific Lodge Youth Services</b>	4900 Serrania Ave Woodland Hills 91364  (818) 657-3115	Individual & Group Therapy, In-Home services, Triple P, CBT, ART, 7-25 y/o	<u>Fees:</u> Medi-Cal  <u>Language:</u> English Spanish
<b>San Fernando Valley Community Mental Health Center, Inc. – CAPIT Program</b>	14624 Sherman Way #408 Van Nuys 91405  (818) 778-6406	Individual, Couples, Family & Conjoint counseling.	<u>Fees:</u> Free  <u>Language:</u> English, Spanish, Hebrew
<b>Asian Pacific Counseling &amp; Treatment Centers</b>	15400 Sherman Way #220 Van Nuys 91406  (818) 267-1100 Tiger Doan	Individual, Family, & Couples therapy for children & adults	<u>Fees:</u> Free & Medi-Cal  <u>Language:</u> English, Spanish, Korean, Vietnamese, Cambodian, Tagalog

<b>El Nido Family Centers –CAPIT Program</b>	10200 Sepulveda Blvd. Mission Hills 91345  (818) 830-3036	Individual & Family counseling. Office or in-home services	<u>Fees:</u> Sliding Scale or Free  <u>Language:</u> English, Spanish
<b>Strength United</b>	14651 Oxnard St. Van Nuys 91411  (818) 787-9700  Or  8700 Reseda Blvd. Northridge 91324  (818) 772-9981  Or  28231 Avenue Crocker #30 Valencia 91355  (661) 702-0000	Individual, family or conjoint counseling.  In home or agency setting specializing in adoption, child maltreatment, DV, human trafficking & sexual assault  Addresses – DV, child abuse, assault, sexual assault, sexual abuse, homicide, robbery, drunk driving, vehicular manslaughter, human trafficking & LGBTQ issues	<u>Fees:</u> VOC, sliding scale, no Medi-Cal  <u>Languages:</u> English, Spanish, Farsi & Armenian
<b>Valley Center for the Prevention of Family Violence</b>	6850 Van Nuys Blvd #202 Van Nuys 91401  (818) 786-2079	Individual, Conjoint & Family therapy	<u>Fees:</u> \$40 – \$80, VOC, LA Care & Care First  <u>Language:</u> English & Spanish
<b>SRD-Straightening Reins</b>	30255 N. Quail Trail Santa Clarita 91390  (661) 263-9371	Horse (equine) assisted therapy for adults, children & families. Individual & group therapy	<u>Fees:</u> <b>Free (limited space)</b> , sliding scale  <u>Language:</u> English & Spanish

# Parenting

Agency	Contact information	Services	Fees/Information
<b>Community Alcohol &amp; Drug Treatment Foundation</b>	15015 Oxnard St. Van Nuys 91411  (818) 787-4151	Parenting classes	<u>Fees:</u> Medi-Cal  <u>Language:</u> English, Spanish
<b>California Diversion Programs, Inc</b>	21054 Sherman Way #205 Canoga Park 91303  (818) 716-0188	Parenting program	<u>Fees:</u> No Medi-Cal, Sliding Scale  <u>Language:</u> Spanish only
<b>The Help Group</b>	13130 Burbank Blvd. Sherman Oaks 91401  (818) 267-2753	Parenting program	<u>Fees:</u> Free  <u>Language:</u> English, Spanish
<b>Center for Individual &amp; Family Counseling</b>	5445 Laurel Canyon Blvd. 2nd Floor North Hollywood 91601  (818) 761-2227	Parenting program	<u>Fees:</u> No Medi-cal, Cash only - \$ 25.00 minimum  <u>Language:</u> English, Spanish, Armenian
<b>California Family Counseling Center-Phillips Graduate Institute</b>	19900 Plummer St. Chatsworth 91311  (818) 907-9980	Parenting program	<u>Fees:</u> Sliding Scale, no Medi-Cal  <u>Language:</u> English, Spanish, Persian, Armenian
<b>The Road Ahead Family Services</b>	804 Pico Blvd. San Fernando  (818) 745-2515	Trauma focused parenting program – 16 sessions	<u>Fees :</u> \$ 5.00  <u>Language :</u> English & Spanish

<b>Family Focus Resource Center</b>	CSUN, Santa Clarita & Lancaster locations  (818) 677-685f4	Assistance for parents / caregivers with children having developmental delays or special needs, workshops, parent education, resources, & support groups	<u>Fees</u> : Free  <u>Language</u> : English
<b>Grandparents As Parents (GAP)</b>	22048 Sherman Way # 217 Canoga Park 91303  (818) 264-0880	Kinship support groups throughout LA County, case management, respite, court navigation services, family social events & educational opportunities.	<u>Fees</u> : Free  <u>Language</u> : English, Spanish
<b>Pierce College Foster &amp; Kinship Care Education (FKCE)</b>	6201 Winnetka Avenue Woodland Hills 91371  (818) 710-2941 (818) 710-2937	Educational & support services for kinship caregivers & foster parents	<u>Fees</u> : Class fees  <u>Language</u> : English
<b>Mission City Black Infant Health</b>	10200 Sepulveda Blvd. #300 Mission Hills 91345  (818) 830-6373	Pre-natal & post-natal support services, baby supplies, educational support, social / empowerment groups for caregivers & family activities	<u>Fees</u> : Free  <u>Language</u> : English  <b>Serves African Americans Only</b>
<b>Friends of the Family</b>	16861 Parthenia St. North Hills 91343  (818) 988-4430	Adolescent & young parent education & support groups, mandated parenting, & Family Visitation Program	<u>Fees</u> : Sliding scale, some programs free  <u>Language</u> : English, Spanish, Armenian, Farsi
<b>Valley Women's Center</b>	Multiple Locations in SFV  (818) 713-8700	Parenting classes	<u>Fees</u> : Medi-Cal, Victims of Crime, Sliding Scale  <u>Language</u> : English
<b>El Proyecto del Barrio</b>	9140 Van Nuys Blvd. # 211 Panorama City 91402  (818) 895-2206	Parenting program, mommy & me classes & childcare services	<u>Fees</u> : Medi-Cal, Sliding Scale  <u>Language</u> : English

<b>El Nido Family Centers</b>	13460 Van Nuys Blvd. Pacoima 91333  (818) 896-7776	Parenting classes & women's support group	<u>Fees:</u> Free <u>Language:</u> English
<b>New Economic for Women (NEW)</b>	Multiple locations  (818) 887-3877	Child passenger safety workshop, free safety seats & safety seat inspections – call for eligibility	<u>Fees:</u> Free <u>Language:</u> English
<b>North Los Angeles County Regional Center</b>	15400 Sherman Way # 170 Van Nuys 91406  (818) 778-1900	Early start & early intervention services for children 0 – 3 y/o with developmental disabilities, respite care, support groups & daycare	<u>Fees:</u> Free, Sliding Scale <u>Language:</u> English
<b>The Village Family Services</b>	6736 Laurel Canyon Blvd. # 200 North Hollywood 91606  (818) 755-8786	Parenting program	<u>Fees:</u> Medi-Cal, Sliding Scale <u>Language:</u> English
<b>Parents in Partnership (PIP)</b>	20151 Nordhoff Street Chatsworth 91311  (818) 717-4014	Parent Support	<u>Fees:</u> <b>FREE</b>
<b>Valley Family Center</b>	302 South Brand Blvd. San Fernando 91340  (818) 365-8588	Parenting Classes	<u>Fees:</u> Sliding Scale only <u>Language:</u> English, Spanish
<b>DCFS Kinship Division</b>	20151 Nordhoff St. Chatsworth 91311  Harriet Minke (818) 717-4636	Kinship support, resources, & referrals	<u>Fees:</u> Free

<b>LA Mission College</b>	13356 Eldridge Ave Sylmar  (818) 364-7736	Educational & support services for kinship caregivers & foster parents	<u>Fees</u> : Class fees  <u>Language</u> : English Spanish
<b>Optimist Youth Homes &amp; Family Services</b>	6957 N. Figueroa St. Los Angeles 90041  (323) 443-3175	Parenting classes	<u>Fees</u> : Medi-Cal  <u>Language</u> : English Spanish
<b>Pacific Lodge Youth Services</b>	4900 Serrania Ave Woodland Hills 91364  (818) 657-3115	Parenting Classes	<u>Fees</u> : Medi-Cal  <u>Language</u> : English Spanish
<b>Child &amp; Family Guidance Center</b>	19100 Parthenia St. Northridge 91324  (818) 739-5002	Parenting Classes – 20 weeks program	<u>Fees</u> : Free  <u>Language</u> : English & Spanish
<b>San Fernando Valley Community Mental Health Center –CAPIT Program</b>	14624 Sherman Way #408 Van Nuys 91405  (818) 778-5406	Parenting Classes & Fatherhood Groups	<u>Fees</u> : Free  <u>Language</u> : English, Spanish
<b>Asian Pacific Counseling &amp; Treatment Centers</b>	15400 Sherman Way #220 Van Nuys 91406  (818) 267-1100 Tiger Doan	Parenting classes & support group	<u>Fees</u> : Free & Medi-Cal  <u>Language</u> : English, Spanish, Korean, Vietnamese, Cambodian, Tagalog
<b>El Nido Family Centers –CAPIT Program</b>	10200 Sepulveda Blvd. Mission Hills 91345  (818) 830-3036	20 session parenting groups	<u>Fees</u> : Sliding Scale or Free  <u>Language</u> : English, Spanish

<b>Valley Center for the Prevention of Family Violence</b>	6850 Van Nuys Blvd #202 Van Nuys 91401  (818) 786-2079	Parenting Classes	<u>Fees:</u> \$15 - \$25, VOC, LA Care & Care First  <u>Language:</u> English & Spanish
<b>The Children's Safety Alliance</b>	7915 Van Nuys Blvd Van Nuys 91404  13421 Hubbard St. Sylmar 91341  (818) 455-2152	Parenting program	<u>Fee:</u> Sliding Scale only & no intake fee  <u>Language:</u> English, Spanish

# Children & Youth Services

Agency	Contact information	Services	Fees/Information
<b>Boys &amp; Girls Club of San Fernando Valley</b>	11251 Glenoaks Blvd. Pacoima 91331  (818) 896-5261	Afterschool programs, education, mentoring, tutoring, sports fitness, recreation, health & life skills programs, arts & leadership programs.	<u>Fees:</u> \$ 25.00 annual membership  <u>Language:</u> English, Spanish
<b>Child Care Resource Center (CCRC)</b>	20001 Prairie St. Chatsworth 91311  (818)717-1000	Child care resources & referrals, child care financial assistance, Head Start & Early Start programs & child development education	<u>Fees:</u> Free  <u>Language:</u> English
<b>The Road Ahead Family Services</b>	16944 Ventura Blvd. # 24 Encino  (818) 745-2515	TAY social skills group	<u>Fees :</u> Sliding Scale, Group Pricing, Victims of Crime  <u>Language :</u> English
<b>Hathaway-Sycamores Child &amp; Family Services</b>	10 sites  (626) 243-9043	Transitional Independent Living Program for youth 18 – 20 y/o with mental health diagnosis	<u>Fees:</u> Medi-Cal  <u>Language:</u> English
<b>Mission City Black Infant Health</b>	10200 Sepulveda Blvd. #300 Mission Hills 91345  (818) 830-6373	Transportation assistance for adults (taxi vouchers & bus tokens), housing referrals & employment referrals	<u>Fees :</u> Free  <u>Language :</u> English  Serves African Americans Only
<b>Friends of the Family</b>	16861 Parthenia St. North Hills 91343  (818) 988-4430	Programs for youth, afterschool mentoring, job & career pathway program & community action groups	<u>Fees :</u> Sliding scale, some programs free  <u>Language :</u> English, Spanish, Armenian, Farsi
<b>El Nido Family Centers</b>	13460 Van Nuys Blvd. Pacoima 91333  (818) 896-7776	Independent studies for youth under 18 y/o, ESL classes, computer classes, tutoring, music, dance, painting & cooking classes	<u>Fees:</u> Free  <u>Language:</u> English

<b>Fair Housing Council of SFV</b>	14621 Titus # 100 Panorama City 91402  (818) 373-1185	Investigates housing discrimination & advocacy counseling	<u>Fees:</u> Free  <u>Language:</u> English
<b>Tarzana Treatment Center</b>	18200 Oxnard St. Tarzana 91356  (818) 996-1051	HIV services	<u>Fees:</u> Medi-Cal, Private Insurance  <u>Language:</u> English
<b>North Los Angeles County Regional Center</b>	15400 Sherman Way # 170 Van Nuys 91406  (818) 778-1900	Activity programs & vocational training for children with developmental disabilities	<u>Fees:</u> Free, Sliding Scale  <u>Language:</u> English
<b>The Village Family Services</b>	6736 Laurel Canyon Blvd. # 200 North Hollywood 91606  (818) 755-8786	LGBTQ support group & teen drop in center for at-risk & homeless youth	<u>Fees:</u> Free  <u>Language:</u> English & Spanish
<b>Valley Family Center</b>	302 South Brand Blvd. San Fernando 91340  (818) 365-8588	Tutoring Center	<u>Fees:</u> Sliding Scale only  <u>Language:</u> English, Spanish
<b>LA County Probation Dept.</b>	13557 Van Nuys Pacoima  (818) 374-2000	Youth –school based programs	<u>Fees:</u> Free  <u>Language:</u> English, Spanish, Armenian & Tagalog
<b>UCLA Early Head Start</b>	14423 Van Nuys Arleta  (818) 485-0129	Early intervention program for children 0 – 3 y/o. In-home services	<u>Fees:</u> Free  <u>Language:</u> English, Spanish,
<b>Head Start</b>	20001 Prarie Chatsworth  (818) 717-4515	Pre-school services	<u>Fees:</u> Free  <u>Language:</u> English, Spanish
<b>Stepping Stones</b>	13130 Burbank Blvd. Sherman Oaks 91401  (818) 267-2753	Pre-school services for 0 - 3 children with severe emotional & behavioral problems	<u>Fees:</u> Medi-Cal  <u>Language:</u> English, Spanish

<b>Strength United</b>	14651 Oxnard St. Van Nuys 91411  (818) 787-9700  Or  8700 Reseda Blvd. Northridge 91324  (818) 772-9981  Or  28231 Avenue Crocker #30 Valencia 91355  (661) 702-0000	LGBTQ services	<u>Fees:</u> VOC, sliding scale, no Medi-Cal  <u>Languages:</u> English, Spanish, Farsi & Armenian
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# Food Pantry and Clothing

Agency	Contact Information	Services	Fees/Information
<b>Foster Children's Resource Center</b>	19451 Business Center Dr. # 110 Northridge 91324  (818) 701-0506	New clothing & school supplies for children 0 – 18 y/o	<u>Fees:</u> Free
<b>West Valley Food Pantry</b>	Prince of Peace Episcopal Church 5700 Rudnick St. Woodland Hills  (818) 346-5554	Call for food distribution days / times	<u>Fees:</u> Free
<b>MEND Food Bank</b>	10641 N. San Fernando Rd. Pacoima  (818) 686-7334	Call for food distribution days / times  For specified zip codes only	<u>FEES:</u> Free
<b>Valley Food Bank</b>	12701 Van Nuys Blvd., Pacoima 91331  (818) 510-4140	Call for food distribution days / times	<u>Fees:</u> Free
<b>The New Friends Homeless Center</b>	St. Nicholas Episcopal Church 17114 Ventura Blvd Encino  Tuesdays – 6:30 pm to 8:00 pm  Methodist Church 5650 Shoup Woodland Hills  Fridays – 6:30 pm to 8:00 pm  (818) 887-1109	Free hot meal – 3 course dinner	<u>Fees:</u> Free
<b>Fish West</b>	20440 Lassen St. Chatsworth 91303  (818) 882-3474	Call for food distribution days / times	<u>Fees:</u> Free

<b>Our Redeemer Food Pantry</b>	8520 Winnetka Ave. Canoga Park 91306  (818) 341-1629	Call for food distribution days / times	<u>Fees:</u> Free
<b>North Hollywood Interfaith Food Pantry</b>	4387 Troost St. North Hollywood 91306  (818) 760-3575	Call for food distribution days / times	<u>Fees:</u> Free
<b>Loaves and Fishes</b>	4322 San Fernando Rd. Glendale 91209  (818) 409-3080	Call for food distribution days / times	<u>Fees:</u> Free
<b>Loaves and Fishes</b>	14640 Keswick St. Van Nuys 91405  (818) 997-0943	Call for food distribution days / times	<u>Fees:</u> Free
<b>Salvation Army Glendale</b>	801 S. Central Ave. Glendale 91204  (818) 246-5586	Call for food distribution days / times	<u>Fees:</u> Free
<b>Valley Beth Shalom</b>	15339 Ventura Blvd. Encino  (818) 788-6000	Call for food distribution days / times	<u>Fees:</u> Free
<b>Hope of the Valley Rescue Mission</b>	8165 North San Fernando Road Sun Valley 91352  (818) 392-0020	Call for food distribution days / times	<u>Fees:</u> Free

# HOMELESS SHELTERS

<b>San Fernando Valley Rescue Mission</b>	13422 Saticoy St. North Hollywood 91605  (818) 785-4476	90 day emergency shelter for families only (must have children), 30 beds & adults must be 18+ y/o.  Call for phone in-take
<b>North East Valley Health Corporation</b>	1600 San Fernando Road San Fernando 91605  (818) 765-8656	Clinic for the homeless – call for service information & intake
<b>1736 Family Crisis Center</b>	2116 Arlington Ave # 200 Los Angeles 90018  (310) 379-3620	14 day youth shelter: 10 – 17 y/o
<b>Hope of the Valley Rescue Mission</b>	8165 North San Fernando Road Sun Valley 91352  (818) 392-0020	90 day emergency shelter = 18 + y/o
<b>Angel's Flight</b>	351 South Westlake Los Angeles 90057  (213) 413-2311	21 day shelter for youth 10 – 17 y/o.  Call for phone intake.
<b>Children of the Night</b>	(800) 551-1300	24 bed emergency shelter for youth 11-17 y/o that have been victimized by prostitution. No adults permitted.  Call for phone intake
<b>Covenant House</b>	1325 N. Western Ave. Hollywood 90025  (323) 461-3131	Emergency shelter for youth 18-21 y/o  Call for phone intake
<b>Winter Shelter Hotline</b>	(800) 548-6047	Referrals for winter shelters

# Legal Services

Agency	Contact information	Services
<b>Neighborhood Legal Services</b>	(800) 433-6251	Free legal services to low-income families  Call for service information
<b>Bridging Dreams</b>	12502 Van Nuys Blvd. 1 <sup>st</sup> Floor Pacoima 91331  (323) 836-0055	Array of free services for <b>undocumented</b> youth & adults 16 - 31 y/o, including college & career assistance
<b>CASA of Los Angeles</b>	201 Centre Plaza Dr #1100 Los Angeles 91754  (323) 859-2888	Volunteer advocates for children with open court cases  Referred through child's attorney  Free

# Other Resources

Agency	Contact information	Services
<b>California Health Collaborative</b>	Los Angeles County  (818) 667-3048	Affordable Care Act – Outreach & enrollment  English & Spanish  Free
<b>Anthem Blue Cross</b>	6400 Laurel Canyon #115  (818) 655-9667	Low & no cost health insurance
<b>Homeboy Industries</b>	130 Bruno Los Angeles  (323) 526-1254	Free tattoo removal
<b>Providence Community Health Center for Health Improvement</b>	6801 Coldwater Canyon North Hollywood  (818) 847-3860	Free tattoo removal
<b>Refugee Children Welcome Center</b>	15435 Rayen Street North Hills 91343  (747) 529-4783	Assists unaccompanied refugee children & their families  Information & referral center for connecting to medical, dental & counseling services  Legal Assistance  Financial Assistance  Emergency Supplies